

# ST. REGIS BAR & GRILL

## APPETIZERS

KETTLE CHIPS .....	\$5.50
House-made kettle chips, onion dip	
POUTINE.....	\$6.50
Fries, cheese curds, gravy +\$6 braised short rib / +\$8 pulled pork	
FRIED PICKLES.....	\$6.50
Beer-battered pickle spears, ranch dip and chipotle mayo	
DRY RIBS.....	\$6.50
Cajun style bone in dry ribs, ranch dip	
POTATO SKINS.....	\$8.50
Cheddar & jack cheese, bacon, green onion, sour cream	
PULLED PORK CHILI.....	\$8.50
House-made pulled pork chili, mixed cheese, sour cream, crispy onions served with cornbread	
FRY TRIO.....	\$9.50
Onion rings, fries and yam fries, chipotle mayo and garlic aioli	
MEATBALLS.....	\$9.50
House ground meatballs, tomato sauce, cheese toast	
TRUFFLE HUMMUS PLATE.....	\$9.50
Carrots, peppers, celery, cucumber, sliced tomatoes, crostini	
SHRIMP GYOZAS.....	\$9.50
Sweet soy reduction, thai sauce	
CALAMARI.....	\$11.50
Red onion, seasoned breading, tzatziki	
STUFFED YORKSHIRE PUDDINGS.....	\$11.50
Shaved beef, caramelized onion, red wine au jus, horseradish sour cream	
MINI HOT DOGS.....	\$11.50
Smokey garlic aioli, ketchup, mustard	
WINGS.....	\$12.50
Hot, S&P, BBQ, thai, lemon pepper or sriracha, ranch dip	
CHICKEN FINGERS.....	\$13.50
Served with fries, house salad or soup, plum sauce	
HALF NACHOS / FULL NACHOS.....	\$10.00/\$16.50
Corn, black bean, jalapeño, tomato, drop peppers, banana peppers, cheddar & jack cheese blend, sour cream and salsa +\$3 guacamole / +\$4 beef, chicken or pulled pork	

## SALADS

+ \$5 grilled chicken / +\$5.50 cajun chicken / +\$9 grilled salmon

HOUSE SALAD.....	\$9.50
Organic greens, tomato, cucumber, carrots, red onion, balsamic vinaigrette	
CAESAR SALAD.....	\$9.50
Romaine, herbed croutons, parmesan, classic caesar dressing with anchovies	
QUINOA SALAD.....	\$14.50
Mint, cranberry, cherry tomato, roasted roots, greens, feta cheese, balsamic vinaigrette	
SOUTHWEST SALAD.....	\$15.00
Organic greens, black beans, corn, bacon bits, drop peppers, mixed cheese, crispy tortilla strips, avocado cilantro dressing, cajun chicken breast	
COBB SALAD.....	\$17.00
Organic greens, avocado, tomato, egg, feta cheese, bacon, grilled chicken, red wine vinaigrette	

## PASTAS & BOWLS

LINGUINE CARBONARA.....	\$13.00
Bacon, tomato, green onion, garlic cream sauce	
SPICY NOODLE BOWL.....	\$14.00
Sautéed teriyaki chicken, mixed vegetables, green onion	
CURRY BEEF BOWL.....	\$14.00
Mixed vegetables, green onion, jasmine rice	
PESTO CHICKEN PENNE.....	\$17.00
Pesto sauce, mushrooms, broccolini, diced tomato, parmesan cheese	

## SANDWICHES

Served with fries, house salad or soup  
+\$2 caesar salad, yam fries or onion rings

CLASSIC GRILLED CHEESE.....	\$9.00
Cheese trio, garlic butter, organic wheat bread	
PULLED PORK SANDWICH.....	\$13.00
BBQ pulled pork, smokey mayo, house slaw, brioche bun	
TURKEY CLUB.....	\$14.00
Bacon, lettuce, tomato, mayo, organic wheat bread	
CHICKEN SANDWICH.....	\$15.00
Avocado, lettuce, tomato, red onion, jack cheese, brioche bun, smokey mayo (choice of grilled or crispy chicken)	
REGIS REUBEN.....	\$17.50
New York style corned beef, sauerkraut, swiss cheese, smokey mayo, marble rye	
BEEF DIP.....	\$18.50
Sautéed mushroom, frizzled onion, swiss cheese, horseradish aioli, jus, filone bun	
STEAK SANDWICH.....	\$19.00
6oz Sirloin, sautéed mushroom, frizzled onions, filone bun	

## HOUSE MADE BURGERS

Topped with lettuce, tomato, red onion on a brioche bun with smokey garlic aioli.

Served with fries, house salad or soup.

+\$1 bacon, mushroom, swiss cheese, cheddar cheese or sautéed onions  
+\$2 caesar salad, yam fries or onion rings

REGIS BURGER.....	\$15.00
A classic, formed daily	
GARDEN BURGER.....	\$15.00
House-made garden patty, lettuce, tomato, red onion, mushrooms, smokey mayo, avocado cilantro sauce	

## PIZZA

PEPPERONI PIZZA.....	\$13.00
Pepperoni, green bell peppers, chiffonade basil	
HAM & PINEAPPLE.....	\$14.00
Mozzarella, basil	
MARGHERITA.....	\$15.00
Bocconcini, mozzarella, tomato	
SRIRACHA CHICKEN.....	\$15.00
Sriracha garlic chicken, red onion, banana peppers, chiffonade basil	
FUNGI.....	\$16.00
Mozzarella, shallot, mushrooms, truffle oil	

## MAINS

FISH & CHIPS.....	\$13.00
Beer battered Ocean-Wise cod, house coleslaw, tartar sauce	
BANGERS & MASH.....	\$13.50
Garlic mashed potato, caramelized onions, broccolini, gravy, sausage medallion, rosemary buttermilk biscuit	
SALMON.....	\$19.00
Broccolini, pilaf rice, fresh herbs	
SHORT RIB.....	\$22.00
Garlic mashed potato, shallot confit, steamed spinach, red wine au jus, frizzled onion	

## DESSERT

VANILLA BEAN ICE CREAM.....	\$7.00
Fresh berries, caramel sauce	
WARM COOKIE SKILLET.....	\$7.50
White chocolate chip cookie, shaved dark chocolate, chocolate sauce, vanilla bean ice cream	
CHEESECAKE.....	\$9.50
Whipped cream, fresh berries, chocolate sauce	



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\*18% gratuity to be added to groups of 10+